

Animations de septembre

— l'été continue au CHM —

du lundi 1^{er} au dimanche 7 septembre 2025

lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
10h-11h30 MARCHÉ NORDIQUE	10h-11h Hatha YOGA	10h-11h PILATES	10h-11h COLO DES SPORTS 4-7 ans	10h-11h YOGA Vinyasa tous niveaux	10h-11h COLO DES SPORTS 4-7 ans	10h-11h YOGA Vinyasa intermédiaire
11h-12h AQUAGYM	11h-12h YOGA Nidra	11h-12h STRET-CHING	11h-12h BASKET 8-15 ans	11h-12h RESPIRATION & MÉDITATION	11h-12h AQUAGYM	11h-12h TENNIS DE TABLE 8-15 ans
18h-20h TOURNOI FOOT +16 ans		18h-20h TOURNOI BASKET +16 ans		18h-20h TOURNOI FOOT +16 ans		18h-20h TOURNOI PADEL +16 ans Jusqu'au 5 septembre : inscription à l'Accueil Animation À partir du 6 septembre : inscription à l'accueil vacanciers
soirée CINÉMA PLEIN AIR Oboulaba	soirée THÉÂTRE Oboulaba	soirée CINÉMA PLEIN AIR Oboulaba	soirée CONCERT Centre co'		soirée CINÉMA PLEIN AIR Oboulaba	

Lieux de rdv :
ACCUEIL ANIMATION SALLE MAD PISCINE COUVERTE AU TERRAIN

Accueil Animation

du lundi au vendredi : 10h-13h / 15h-18h

Prêt de matériel : à partir du samedi 6 septembre, rdv à l'Accueil Vacanciers

Village artisanal

du lundi au samedi : 10h-13h

Chalets porcelaine — gravure — touchatout

Culturum

Exposition hebdomadaire

Vernissage le jeudi : 18h30-21h

Exposition le vendredi : 10h-13h / 17h-20h30

Exposition le samedi : 10h-13h / 17h-19h

Baignades

tous les jours,

Plage 1 : 12h-19h

Parc aquatique : 12h-19h

Piscine couverte : 10h-19h

Tir à l'arc

du lundi au vendredi :

10h-12h — tout public

Bibliothèque

lundi, mercredi, vendredi : 10h-12h30

samedi : 17h30-19h

September Entertainment

— summer continues at CHM! —

from monday 1st to sunday september 7th 2025

monday	tuesday	wednesday	thursday	friday	saturday	sunday
10am-11.30am NORDIC WALKING	10am-11am Hatha YOGA	10am-11am PILATES	10am-11am KIDS SPORTS 4-7 ans	10am-11am YOGA Vinyasa all levels	10am-11am KIDS SPORTS 4-7 ans	10am-11am YOGA Vinyasa intermédiaire
11am-12am AQUAGYM	11am-12pm YOGA Nidra	11am-12pm STRET-CHING	11am-12pm BASKET 8-15 ans	11am-12pm MEDITATION & BREATHWORK	11am-12pm AQUAGYM	11am-12pm TABLE TENNIS 8-15 ans
6pm-8pm FOOT TOURNAMENT +16 ans		6pm-8pm BASKET TOURNAMENT +16 ans		6pm-8pm FOOT TOURNAMENT +16 ans		6pm-8pm TABLE TENNIS TOURNAMENT +16 ans until september 5th: registration at the Animation Reception from september 6th: registration at the Holidaymakers' Reception
evening OUTDOOR CINEMA Oboulaba	evening THEATRE Oboulaba	evening OUTDOOR CINEMA Oboulaba	evening CONCERT Centre co'		evening OUTDOOR CINEMA Oboulaba	

To each place its color!
ANIMATION RECEPTION SALLE MAD INDOOR POOL AT THE FIELD

Animation Reception

from monday to friday: 10am-1pm / 3pm-6pm

Equipment rental: from saturday september 6th, please go to the reception

Crafts village

from monday to saturday: 10am-1pm

Art craft, engraving & porcelain

Swimming

everyday,

Plage 1: 12pm-7pm

Waterpark: 12pm-7pm

Indoor pool: 10am-7pm

Archery

from monday to friday,

10am-12pm — for everyone

Culturum

Weekly exhibition

Vernissage: Thursday, 6.30pm-9pm

Exhibition: Friday, 10am-1pm / 5pm-8.30pm

Exhibition: Saturday, 10am-1pm / 5pm-7pm

Library

monday, wednesday, friday: 10am-12.30pm

saturday: 5.30pm-7pm

Animations de septembre

— l'été continue au CHM —

du lundi 8 au dimanche 14 septembre 2025

du dimanche 24 septembre 2023							
lundi	mardi	mercredi	jeudi		vendredi	samedi	dimanche
10h-11h30 MARCHE NORDIQUE	10h-11h Hatha YOGA	10h-11h PILATES	10h-11h YOGA Vinyasa tous niveaux		10h-11h RMG	10h-11h YOGA Vinyasa intermédiaire	10h-13h TOURNOI PADEL +16 ans <i>Inscription à l'accueil vacanciers</i>
11h-12h AQUAGYM	11h-12h YOGA Nidra	11h-12h STRETCHING	11h-12h RESPIRATION & MÉDITATION	11h-12h AQUAGYM	11h-12h PILATES	11h-12h Yin YOGA	
soirée LOTO Hexagone		soirée CONCERT Centre co'			soirée CONCERT Centre co'		

Lieux de rdv :
ACCUEIL ANIMATION SALLE MAD PISCINE COUVERTE AU TERRAIN

Lieux de rdv :
ACCUEIL ANIMATION SALLE MAD PISCINE COUVERTE AU TERRAIN

Réception

tous les jours, 9h-19h
Prêt de matériel sportif : rdv à l'Accueil Vacanciers

Bibliothèque

lundi, mercredi, vendredi : 10h-12h30
samedi : 17h30-19h

Culturum

Exposition hebdomadaire

Vernissage le jeudi : 18h30-21h
Exposition le vendredi : 10h-13h / 17h-20h30
Exposition le samedi : 10h-13h / 17h-19h

Baignades

tous les jours,
Plage 1 : 12h-19h
Parc aquatique : 12h-19h
Piscine couverte : 10h-19h

September Entertainment

— summer continues at CHM! —

from monday 8th to sunday september 14th 2025

from monday 6 to sunday 14 september 2023							
monday	tuesday	wednesday	thursday		friday	saturday	sunday
10am-11.30am NORDIC WALKING	10am-11am Hatha YOGA	10am-11am PILATES	10am-11am YOGA Vinyasa <i>all levels</i>		10am-11am RMG	10am-11am YOGA Vinyasa <i>intermediate</i>	10am-1pm PADEL TOURNAMENT +16 <i>registration at the Holidaymakers' Reception</i>
11am-12pm AQUAGYM	11am-12pm YOGA Nidra	11am-12pm STRETCHING	11am-12pm MEDITATION & BREATHWORK	11am-12pm AQUAGYM	11am-12pm PILATES	11am-12pm Yin YOGA	
evening LOTTO Hexagone		evening CONCERT Centre co'		To each place its color! ANIMATION RECEPTION SALLE MAD INDOOR POOL AT THE FIELD			

To each place its color!
ANIMATION RECEPTION SALLE MAD INDOOR POOL AT THE FIELD

Reception

everyday, 9am-7pm
Equipment rental: please go to the holidaymakers' reception

Library

monday, wednesday, friday: 10am-12.30pm
saturday: 5.30pm-7pm

Culturum

Weekly exhibition

Vernissage: Thursday, 6.30pm-9pm
Exhibition: Friday, 10am-1pm / 5pm-8.30pm
Exhibition: Saturday, 10am-1pm / 5pm-7pm

Swimming

everyday,
Plage 1: 12pm-7pm
Waterpark: 12pm-7pm
Indoor pool: 10am-7pm

Animations de septembre

— l'été continue au CHM —

du lundi 15 au dimanche 28 septembre 2025

lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
10h-11h30 MARCHÉ NORDIQUE	10h-11h Hatha YOGA	10h-11h PILATES	10h-11h YOGA Vinyasa <i>tous niveaux</i>	10h-11h RMG	10h-11h YOGA Vinyasa <i>intermédiaire</i>	10h-13h TOURNOI PADEL +16 ans <i>Inscription à l'accueil vacanciers</i>
	11h-12h YOGA Nidra	11h-12h AQUAGYM	11h-12h RESPIRATION & MÉDITATION	11h-12h AQUAGYM	11h-12h Yin YOGA	

Lieux de rdv :
ACCUEIL ANIMATION SALLE MAD PISCINE COUVERTE AU TERRAIN

September Entertainment

— summer continues at CHM! —

from monday 15th to sunday september 28th 2025

monday	tuesday	wednesday	thursday	friday	saturday	sunday
10am-11.30am NORDIC WALKING	10am-11am Hatha YOGA	10am-11am PILATES	10am-11am YOGA Vinyasa <i>all levels</i>	10am-11am RMG	10am-11am YOGA Vinyasa <i>intermediate</i>	10am-1pm PADEL TOURNAMENT +16 <i>registration at the Holidaymakers' Reception</i>
	11am-12pm YOGA Nidra	11am-12pm AQUAGYM	11am-12pm MEDITATION & BREATHWORK	11am-12pm AQUAGYM	11am-12pm Yin YOGA	

To each place its color!
ANIMATION RECEPTION SALLE MAD INDOOR POOL AT THE FIELD

Réception

tous les jours, 9h-18h

Prêt de matériel sportif : rdv à l'Accueil Vacanciers

Baignade

tous les jours,
Piscine couverte : 10h-19h

Bibliothèque

samedi : 16h30-18h30

Reception

everyday, 9am-6pm

Equipment rental: please go to the holidaymakers' reception

Swimming

everyday,
Indoor pool: 10am-7pm

Library

saturday: 4.30pm-6.30pm